



Departure Logistics

Crucial Flight Notes:

- Our activities begin on **January 6, 2022**. If you're flying to Europe from North America, your flight will arrive the day after you leave, due to the distance and time zone changes, so you'll need a flight departing on **January 5** (what we call "Day Zero" on our itinerary).
- **Please let us know your flight information**, so we can keep track of everyone's arrival, and adjust in the event your flight is delayed.

Your Transatlantic Flight:

- Arrive at the airport early! Plan to get to the airport a minimum of 2 hours before scheduled take-off, though arriving even 3 hours prior to an international departure is a good idea.
- Most transatlantic flights from the U.S. to Europe will be slated to depart in late afternoon or early evening (U.S. time), with arrival in Europe the following morning (European time).
- Since transatlantic flights are lengthy, most will have comforts and amenities including:
 - An entertainment screen is on the back of every seat, from which you can watch a selection of TV shows and movies, play video games, and engage in similar activities.
 - Dinner is provided on the flight, typically not long after take-off; after dinner, the cabin lights are dimmed to allow passengers to get some sleep.
 - Blankets, pillows, and sleep masks are available.
 - Toward the end of the flight, as you are approaching your destination and it is morning in Europe, a light breakfast is served.
- Be sure to get up and move around at least a couple of times during the flight.
- Throughout the flight, if you need a glass of water or something similar, just ask! One of the keys to long-distance travel is to avoid dehydration.

European airport layover:

You may have a stopover at a European airport, and then catch a connecting flight to London from there. Some points and tips to keep in mind for your layover:

- Get a sense of how far it is to the gate for your connecting flight. Depending on the airport's layout, you might need to go through a Passport Control check to get to your connecting flight's gate, for example; be sure to give yourself plenty of time to get there for boarding. (If you have a long layover, the gate for your connecting flight may not be assigned right away, so check back every half hour or so on the Departures screens located around the terminal.)
- You'll feel strange as a result of jet lag, but if you have a long layover of a few hours or more, having something to eat and drink (stay hydrated!) can help.